



Procedure Information – Ovarian Cystectomy / Salpingo-Oophorectomy

Visit No.: Dept.:
Name: Sex/Age:
Doc. No.: Adm. Date:
Attn. Dr.:
Patient No.: PN

Page No:

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+10	+20	+30	+40	+50	+60	+70	+80	+90

*Please fill in /
affix patient's label*

Introduction

Removal of the ovarian cyst or the affected ovary through an abdominal incision. The fallopian tubes may also be removed in the same procedure if the ovarian cyst is proximate.

Indications

1. Ovarian cyst

The Procedure

1. General anaesthesia
2. Peritoneal cavity entered
3. Ovarian cyst or ovary removed
4. Fallopian tube removed (if required)
5. The other ovary, fallopian tube, uterus, omentum, pelvic and para-aortic lymph nodes may also be removed (in case of malignancy)
6. Frozen section of the suspected pathology (if indicated)
7. Closure of peritoneal cavity
8. Closure of abdominal wound
9. All tissue removed will be sent to Pathology Department or disposed of as appropriate unless otherwise specified

Risk and Complication

There are always certain side effects and risks of complications of the procedure. Medical staff will take every preventive measure to reduce their likelihood.

Possible risks and complications (not all possible complications are listed)

1. Anaesthetic complications
2. Bleeding, may require blood transfusion
3. Injury to adjacent organs, such as bladder, ureters and bowels, may require repair
4. Pelvic infection
5. Wound complications, such as infection and hernia
6. Deep vein thrombosis and pulmonary embolism
7. Frequency of micturition, dysuria and urinary tract infection
8. Numbness, tingling or burning sensation around scar
9. Internal scarring with adhesion

Risk of not having the procedure

1. Cyst complications, such as torsion, bleeding or cyst rupture
2. Potential undiagnosed malignancy; nature of the ovarian cyst is uncertain until sent for pathology



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Pre-operative information

1. Your doctor will explain to you the reason, procedure and possible complications
2. You will need to sign a consent form before operation
3. No food or drink for 6 to 8 hours before operation
4. Blood taking for blood typing and screening
5. Fleet enema may be given if necessary as instructed by your doctor
6. Pubic hair is shaved if necessary as instructed by your doctor

Post-operative information

1. Take analgesics as prescribed by your doctor
2. Contact your doctor or attend a hospital if you experience severe abdominal pain, purulent discharge, heavy vaginal bleeding, fever (body temperature above 38°C or 100°F), or other unusual symptoms
3. Avoid lifting heavy weights after operation
4. Hormonal status should not be affected if ovaries are not removed but ovarian failure may occur 2 to 4 years earlier than natural menopause
5. Climacteric symptoms may occur if ovaries are removed in pre-menopausal patients
6. Discuss with your doctor about hormonal replacement therapy if required
7. Possible adverse effect on future fertility
8. Risk of recurrence of ovarian cyst, especially for endometriotic cyst
9. Further treatment may be necessary in case of malignancy

Remarks

This is general information only and the list of complications is not exhaustive. Other unforeseen complications may occasionally occur. In special patient groups, the actual risk may be different. For further information please contact your doctor.

Reference

Department of Obstetrics & Gynaecology - The University of Hong Kong

I acknowledge that the above information concerning my operation/procedure has been explained to me by Dr. _____. I have also been given the opportunity to ask questions and receive adequate explanations concerning my condition and the doctor's treatment plan.

Patient / Relative Name

Signature

Relationship (if any)

Date